



Gospel Broadcasting and Publishing
The Mission Trail

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Exercise

Radio Broadcast for week of June 6, 1971 (See back page for list of stations.)

"If thou put the brethren in remembrance of these things, thou shalt be a good minister of Jesus Christ, nourished up in the words of faith and of good doctrine, whereunto thou hast attained. But refuse profane and old wives' fables, and exercise thyself rather unto godliness. For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come. This is a faithful saying and worthy of all acceptance. For therefore we both labour and suffer reproach, because we trust in the living God, who is the Saviour of all men, especially of those that believe. These things command and teach." I Tim. 4:6-11

Good morning, friends. How are you today? Trusting the Lord for salvation above all things, I hope. I am glad for the privilege of coming your way another time by means of radio. I really count this an opportunity of witnessing for the Lord. Pay particular attention to this scripture I gave you as I speak briefly concerning exercising yourself in the Lord.

Why is it that some folks are so reluctant to exert themselves and put forth any effort? Did you know this is even true in the natural sense and especially is it true in the spiritual application. Now, for instance let me tell you what I did one day. I wasn't too pressed for time right at the moment, so instead of driving the car to town I thought, "Well, if I just walk to the post office it would be good exercise." Kathleen, our daughter, spoke up and said, "I'll walk with you." Alright, we started for the post office. Now, the post office is about a mile from where we live. Frances estima-

ted that it would take us about 40 minutes. Kathleen suggested that we were not accepting any rides, free rides that is, to town. But I said, "Yes, we'll just accept whatever comes along and then we'll walk the rest of the way." You see, I thought someone might come along who knew us and we would get a ride part way to town, perhaps at least. Isn't that so true to life? Folks are reluctant to exert themselves aren't they? But really the exercise was good for me, I suppose. I suggested that we would go over to Noble street. You see Noble is well travelled. It is the highway, and I thought someone would be much more likely to give us a ride from Noble. But no, Kathleen wanted to walk. So she said, "I'll see you at the post office" and started on down Warner street. But she said, "Now you wait for me at the post office."

Friends, do you know what happened? Not one car stopped to give us a lift and no friend of mine offered to give me a ride to town. So what did we do?

Well, further on down the street I met Kathleen again and we finished our walk to town every step of the way. We walked back down the hill from the post office across the Cottonwood bridge on Fifth St. and headed up that hill on West Noble. Still no car stopped to give us a ride. But I'll tell you what we did. We got some good exercise.

Dear ones, don't you know that if folks would press against the current of the world and the tide of our time they could get more exercise in the Lord too. So many people are depending on other folks to help them through. Well, it is good to have friends. I like for people to pray for me. You see, I need it. But I believe our prayers are much more effective when I am in agreement with those who are praying for me and exercising myself in the Lord too.

Listen to this verse, "And I gave my heart to seek and search out by wisdom concerning all things that are done under heaven: this sore travail hath God given to the sons of man to be exercised therewith." Ecc. 1:13 I believe that God sends some trials and problems our way just for the purpose of causing us to be exercised thereby. He does not want us to be spiritually asleep. So these things come in order that we may stay awake and grow. Are you exercising yourself in the Lord?

Here is another good scripture. Listen, "But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil." Heb. 5:14 The Lord wants you to have some discernment in exercising your senses to tell the difference between good and evil. Some people think it is good to be "broad minded". But I fear the truth of the matter is they are just

stretching their conscience and it doesn't trouble them so much as it did to do wrong. I don't remember reading anywhere in the Bible where Jesus told anybody to be "broad minded", do you? I do remember a scripture mentions "strait is the gate and narrow is the way, which leadeth unto life, and few there be that find it." Matt. 7:14

Here is Paul's testimony when he spoke before Felix. "And herein do I exercise myself, to have always a conscience void of offence toward God, and toward men." Acts 24:16 You couldn't have a conscience like that without some exercise. It takes practice and discernment to understand the will of God. Not only that, but it takes a lot of grace to do the will of God after you know it. That is exercise too.

Then this final scripture, "Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby." Heb. 12:11 Dear ones, I say it requires some effort to get out and walk to town and back, but it sure does serve a useful purpose. I believe then one can even enjoy sitting down and resting better. Why? Because they have been exercising. Are you exercising in the Lord or do you leave that for the preachers to do only? I say there is a job for everyone of us to bear witness of the truth. May he especially bless you in the place he has called you to fulfill. Listen to this poem:

Strength vs. Fainting

O pilgrim bound for heaven's goal,
And toiling day by day
To lead some other precious soul
Into the narrow way,

How stands thy courage, faith, and
 hope
 When in adversity?
 How wears thy robe of righteousness
 Of spotless purity?

And when the battle waxes hot,
 And foes oppress thee hard,
 Art thou inclined to falter then
 And in the race retard?
 If this should be thy lot, dear soul,
 This message then is thine:
 And as we read the blessed Book
 We'll see some truth divine.

God giveth power to the faint;
 To them that have no might
 Increaseth he their strength when they
 Are bent to do the right.
 Let courage, then, embrace thy heart;
 Trust that unfailing Word
 With its inspiring promises--
 The sweetest ever heard.

Acquaint thee now thyself with God;
 Faint not at his reproof!
 But pray, and let his own dear hand
 Arrange thy warp and woof,
 So that thy garments shall be made
 Of linen that's the best--
 The kind that smells not of the flame
 Of any fiery test.

Yes, manfully unsheathe thy sword
 And exercise the power
 That thou hast gained while waiting in
 Devotion's quiet hour;
 And when the battle thou hast fought
 By order of thy King,
 Thou then shall bask in victory
 And songs of triumph sing.

Let us pray,

Our Father,

Bless every listener of the broadcast
 in the way which they need most. Help
 them to exercise themselves in the

Lord and be strong in the power of his
 might. Give divine wisdom and grace
 that we may know what we should speak
 continually and cause the words to be
 a lasting benefit and eternal profit in
 Jesus' name. Amen

Thank you, friends, for listening. I
 do hope you will be tuned in again next
 week for another broadcast of The Mis-
 sion Trail from Guthrie, Okla. If you
 have received a blessing we would be
 so glad to hear from you.

Here is a song, "It's all right now."
 The singers are Bob and Dorall For-
 bes, Troy Gentry, Dale Doolittle, and
 Randall Flynn.

Until we meet again this is Willie Mur-
 phey saying may God's richest bless-
 ings be with each of you and a very
 cheerful good-bye!

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Testimonies

From Calif.: "I hope this finds you
 well and happy in the Lord. I am al-
 ways glad to receive the Mission Trail
 and enjoy it so much. I save them for
 the 'Church of God' on 29th and Frank-
 lin Sts. . . I liked the Second coming
 of Christ so much as you explained so
 clearly about Christ setting up his
 kingdom while he was here. So many
 believe in the thousand year reign here
 on earth and I could not understand it.
 The San Diego saints are quite well.
 I was baptized a short time ago. Please
 pray for me that I will stay true and
 lead others to Jesus. I have a couple
 of names to send the Mission Trail to
 . . . I expect you have heard that our
 dear beloved Sister Georgia passed
 away the 11th of May. I did not get to
 go to the funeral. She was in the Home
 at Pacoima. It is raining quite hard
 here today." --Lillian Williamson

From Okla. : "Greetings again in Jesus dear name. I'm so thankful this morning for the Lord's goodness to us all. Trust all there are O. K. I heard Sis. Meek is bad sick. Sure trust she's better. . . We still enjoy the little paper and radio program. Sis. Oleta is doing better and has been out to meeting some. Sure am thankful for God's mercy to her. I will close for now. Pray for us." --Daisy Harris

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From Mo. : "This is a beautiful day. We have had such a nice spring, all except the tornado. It did not hurt us here. I have been so thankful to God for his care of us. It was just a few miles of us. In 1921 a tornado went just about a block and a half east of the chapel. Just across the alley from where one of the saints lived. Beyond that the best I remember it just flattened things, then rose and came down in NE part of town and did the same there. One woman was killed. Trust you are all well. May the Lord bless each of you. In Christian love,"

--Sis. Lula Caughron

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From S. Ca. : "Greetings in the name of Him who said 'I am the Lord that healeth thee.' Glory to his name I've found it so. We arrived on the camp ground at Holly Hill, S. Ca. Fri. May 28, a week before campmeeting starts, visiting sick folks and inviting others to attend the campmeeting. Some thot I wasn't able for the triphere (652 mi.) but God gave added strength and if anything I can walk a little better than before we started. Oh, for more faith in God. We want you to know we appreciate your labors of love and eagerly look for the Mission Trail and its message. Yes, we are workers together with God. Without Him we can do nothing. Wish so much we could have attended the Guthrie campmeeting but

felt the Lord needed us here and we are content with His leadings. . . Pray for us. Yours and His unworthy servants,"

--Bro. Sam and Sis. Armilda Abbott

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From Mo. : "Hope you are well and enjoying the blessings of the Lord. 'Bless the Lord, O my soul; and all that is within me, Bless his holy name.' We find the Lord a very present help in every time of need. It says in Psa. 118 and the 6th verse: 'The Lord is on my side; I will not fear: what can man do unto me.' Then in Isa. 54 and the 17th verse it says, 'No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.' So we don't have to fear man, or devils."

--Farmer and Ellen Wilson

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From W. Va. : "Greetings of Christian love. I trust this will find you well and that much good will be accomplished through the broadcast and 'Mission Trail' paper. Truly the harvest is ripe and laborers are few. As I grow older I realize more than ever so much needs to be done. Time is so short. We are living in perilous times. So many have forgotten God and are mad after the pleasures of the world. I pray the Lord will help me to help rescue some if possible before I leave this world. Enclosed is a little offering to help where needed. May the Lord bless and supply all your needs. Yours in Christ," --Sis. Olive Keene

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ASSURANCE

It comes to me more and more
Each day as I pass along
The love of the Father eternal
Is over us tender and strong.

From Mexico: "Dear Ones: I am grateful to report victory over sin today and that I have joy and peace in my soul. I am so grateful to the One who has made this possible to me and all those who will meet the conditions of this precious salvation. Since the last letter, a lot has happened and the Lord indeed has blessed here in the congregation. We continue to have the 5 services a week and in each one the Lord manifests His love to us by His sweet presence. Several times in a prayer meeting souls have come weeping their way to the altar for needs and the Lord met and blessed them. Last Sunday night the 23rd, the man who lost his wife with TB gave his heart to the Lord. He had been bringing fruits of repentance for some time but Sunday night he prayed through to victory. The young peoples' meetings have been real good even though there are only a few who come. Ana is staying with me again and she and another young sister have been taking the lead in the meetings. This week we went to the Valle de Trinidad for services. Bro. Tomas had gone down south to Uruapan Michoacan to be with Bro. Irineo Ramas in services and had left Sister Diama at home. Two weeks ago we also went to be with them. Bro. Tomas had just gotten back and had a report of victory. Bro. Irineo's mother got saved. She had given him much opposition. The Lord is blessing the brethren in the Valle. It is 135 miles down there and it took us four hours to get there and the roads are real good now. Pray for them there and for the brethren over in Michoacan. Please remember us in prayer also because there are many needs that only a higher power can work out. With Christian love,"

Sister Edith Cole

Box 1425

Calexico, California 92231

From Ark.: "I hope all are well and enjoying the blessings of the Lord. I am doing fairly well for 76. Still walk to town and I mow my lawn. So thankful to the dear Lord for his blessings. I enjoy the Mission Trail and thank you for sending it. I'm sorry for the poor woman who returned hers unread. I'm sure she could have found much needed food for soul. I certainly do."

--Belva Howard

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THANK GOD FOR YOU

Phil. 1:3

Thank God for you, good friend of mine.

Seldom is friendship such as thine.

How very much I wish to be

As helpful as you've been to me.

Thank God for you.

When I recall from time to time,
How you inspired this heart of mine
I find myself inclined to pray
God bless my friend this very day.
Thank God for you.

Of many prayer quests, one thou art
On whom I ask God to impart
Rich blessings from His storehouse
rare,
And grant to you His gracious care.
Thank God for you.

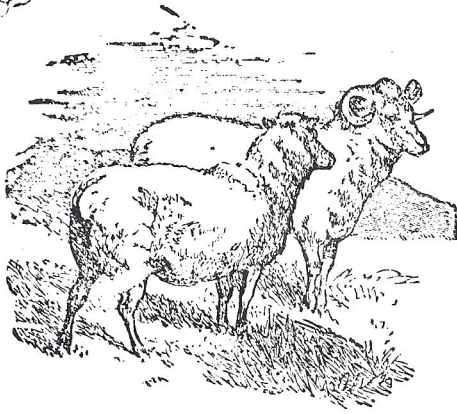
So often at the throne of grace
There comes a picture of your face.
And then instinctively, I pray
That God may guide you all the way.
Thank God for you.

Some day I hope with you to stand
Before the throne at God's right hand
And say to you at journey's end,
Praise God, you've been to me a
friend.

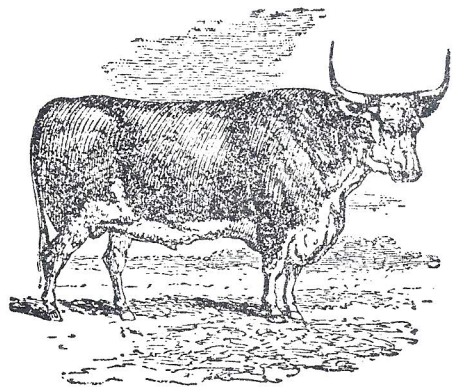
Thank God for you.

--Selected by Ora Halfhill

Children's Page



Neither

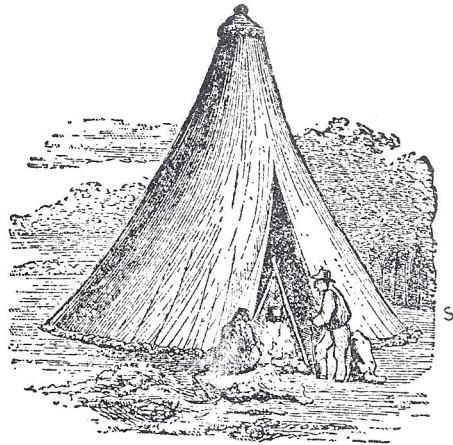


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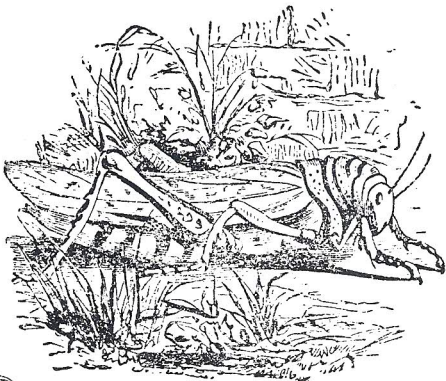
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JUDGES VI. 4. 5.

at press time

we understand:

Sis. Grace Koehler in a recent letter from Indiana wrote of the passing of her husband: "I miss my dear companion. I have to take big cry every once in a while but I know that is something we all have to do some day. He sure went quick. I feel that he was ready to go. Well I want to be ready to meet my loved ones in heaven."

--Sis. Michael Koehler

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The Oklahoma State campmeeting held in Guthrie last week was blessed of the Lord in many ways. Saints came from far and near to enjoy the fellowship of those who have a love for the truth. Being early in the summer season the weather for the most part was favorable and God honored the preaching of his word. Some sought and received spiritual help.

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From Calif.: "Hope these few lines will find all in good health and may the dear Lord bless you for the sacrifice you folks are making for souls, and may the Lord give you a great reward at the end. I feel so helpless as I can't drive any more and can't go much as walking by myself as afraid of falling, but I am trying to live so I can fill my little place as I want to brighten the little corner where I am. I don't want to be a hinderance to any one. The dear Lord has been so good to me and mine. I am sure going to miss my family. Ostis and Evelyn, also Evelyn's son and wife. They have a darling baby. Have moved to Ore."

--Sis. Edith Wittenborn

"I have a broken leg, and weak heart, and need your prayers."--Pearl Logan

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Bro. Egbert Allen extends a hearty invitation to the saints to attend morning and afternoon services in his home Sunday, June 27, 13 miles southeast of Norwood, Mo. on Hiway 76. To reach his place from Norwood go 11 miles south on Hiway C, then 2 miles east on 76. Telephone: (417) 746-2840

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A few meeting dates of the summer:

Holly Hill, S. Ca.: June 4-13

Hammond, La.: June 25-July 4

Clearfield, Ky.: June 12-20

Jefferson, Ore.: June 25-July 4

Tulsa, Okla.: June 11-20

Other meetings to follow: National campmeeting at Monark Springs, July 23-August 1

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Outstanding prayer requests:

1. "Pray ye therefore the Lord of the harvest, that he will send forth labourers into his harvest." Matt. 9:38 This includes all the mission fields of the world.

2. For the unsaved: Time is swiftly passing away. Soon the summer will be ended and the harvest will be o'er.

3. For many who need a special touch of healing. Continue to pray for Sis. Minnie White, Sis. Lillian Meek, and the infant child of Jim and Esther Hightower.

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All day meeting at Coffeyville, Kan. June 13. They are presently without a pastor.



THE MISSION TRAIL, originating in Guthrie, Okla., is broadcast by radio and published weekly in printed form by Willie and Frances Murphey with the help of others. It is mailed free of charge to those who request it. Its purpose is to reach the hungry hearts of the unsaved everywhere with the gospel which will save them. Its principal support comes from the free will contributions of its listeners and readers. Those who feel directed by the Lord to assist may do so by sending their offering to: THE MISSION TRAIL, Guthrie, Okla. 73044.

For some it will come true: "The harvest is past, the summer is ended, and we are not saved." Jer. 8:20. Let us hasten with the message which Jesus gave: "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls."



Broadcast Schedule

Listen for THE MISSION TRAIL weekly on one of the following stations:

RADIO STATION	LOCATION	DIAL SETTING	TIME
KGGF	Coffeyville, Kansas	690 kc.	Sunday, 8:00 a. m.
KCKW	Jena, Louisiana	1480 kc.	Sunday, 7:30 a. m.
WFPR	Hammond, Louisiana	1400 kc.	Sunday, 7:45 a. m.

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